

Agenda for Mentalization-Based Treatment for Adolescents Practitioner-Level Training

Dates: July 24-25, 2024

July 24, 2024

2:00pm-2:15pm	Introduction and outline of two-day training
2:15pm-2:45pm	Review of MBT Adolescent Treatment Model, key techniques and interventions
2:45pm-3:15pm	Small group work – introductions and reflections on implementing the model
3:15pm-3:30pm	Feedback in larger group
3:30pm-3:45pm	Break
3:45pm-4:10pm	Mentalizing Profile and Formulation Letter to Adolescent – presentation and large group discussion
4:10pm-4:45pm	Pairs exercise, sharing and reflecting on your Formulation Letter
4:45pm-5:00pm	Break
5:00pm-5:30pm	Thinking Together Model of Supervision – Presentation on model and case example
5:30pm-6:00pm	Preparing for Presentations on Day 2 – Part 1

July 25, 2024

9:15am-9:30am	Preparing for presentations on Day 2 – Part 2
9:30am-10:30am	Small Group Work 1 – Clinical audio/ video case presentations and Group Thinking Together supervision
10:30am-10:45am	Break
10:45am-11:45am	Small Group Work 2 – Clinical audio/ video case presentations and Group Thinking Together supervision
11:45am-12:00pm	Break
12:00pm-1:00pm	Small Group Work 3 – Clinical audio/ video case presentations and Group Thinking Together supervision
1:00pm-2:15pm	Lunch
2:15pm-3:15pm	Small Group Work 4 - Clinical audio/ video case presentations and Group Thinking Together supervision
3:15pm-3:30pm	Break
3:30pm-3:45pm	Reflecting on common clinical dilemmas in presentations, planning for further learning
3:45pm-4:45pm	Small Group Work 5 – Clinical audio/video case presentations and Group Thinking Together supervision
4:45pm-5:15pm	Final Discussion